

Men's Support and Personal Development Group

with

David Smith

Counsellor and Healer

The role men play in this world is important.

Through men supporting each other we can learn the deeper meaning and purpose of the role we play.

This group offers:

- A supportive and non judgmental environment.
- Support in whatever struggles and challenges you are experiencing.
- An environment where you know that you don't have to do it alone.
- Encouragement to change.
- The opportunity to learn the importance of values in how you live and love.

Come and join us if you're going through a tough time, feeling stuck, a new father, a new husband, been married for a while, not married, in a relationship, not in a relationship, wanting to be a better father and husband/partner, wanting to be a better person, or simply wanting to make connections with other men.

Where: Somerville Community House,

2/21 Worwong Ave. Somerville.

When: 7:30 - 9:30 - 2nd & 4th Tuesday each month.

Cost: \$10:00.

Contact: David - 0410 501 427



www.davidsmith.io